



# *San Francisco Helps !*

## *RESOURCE GUIDE*

*Third Edition*

Compiled by S. D. Dennis

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# *San Francisco Helps!*

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[www.SanFranciscoHelps.com](http://www.SanFranciscoHelps.com)

# INTRODUCTION

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San Francisco is the crown jewel of United States cities. To many it is the land of opportunity. There is more money here in a small area than in most other areas of the country. Success can be found by those with skills and the drive to work hard. As cities go, it is one of the cleanest and best organized. The taxpayers care about their fellow citizens, and are willing to show this with their pocketbooks. Even so, there is a side of San Francisco that demands ever more attention: the plight of the desperately poor. Anyone who spends time here has encountered them, begging for money on the streets. A large proportion of these people are homeless.

Homelessness presents many challenges to any city. San Francisco has one of the largest homeless populations per capita of all the cities in the United States. On any given night there are somewhere between 4,000 and 10,000 homeless people sleeping on the streets and in parks. These people need to eat, they need health care, and they need a way out. There are programs to lessen the desperate conditions in which they live. Most of these programs are designed to help them survive on a daily basis. There are very few programs designed to lift people out of poverty, so they are left to themselves to figure out solutions that will work. Meanwhile, they need to find ways to eat, bathe, use the restroom, and to find meaning in their lives.

The daily needs are too great for any one organization to meet, including the city government. Fortunately, San Francisco is home to many organizations and individuals who want to make a positive difference. It has become the preeminent city in the nation in terms of the help available for people caught in the cycle of poverty and homelessness. The leadership of this city has had the foresight to institute government programs to help. Private organizations, primarily churches, provide help to the homeless. There is no place in the country that does more to provide opportunities for people to gain access to resources they need to survive, and to provide opportunities for homeless individuals to climb out of the cycle of despair. Hundreds and thousands of people work together here to prevent homelessness from becoming hopelessness.

Homelessness is extremely expensive to the others in the community. By spending time and by providing funding for an organized provision of services and resources, that cost can be reduced. For instance, to incarcerate a person because of a quality-of-life crime such as sleeping on a sidewalk costs \$2,500 per month just for the housing cost alone. By comparison, subsidized rent in an SRO hotel is under \$500 per month. By taking a proactive approach to housing it immediately saves more than four times the cost.

Many point to the problem of substance abuse. National studies have shown clearly that most homelessness is not caused by drug and alcohol abuse. However, due to the prevalence of illegal substances on the street and the cost associated with the use of these substances, it becomes a barrier to the individual who desires to climb out of homelessness. It is important to recognize that homelessness is primarily an economic problem. But it is a problem which develops many debilitating symptoms which make it very difficult for those afflicted to improve their lives. Prevention is much less expensive than remediation.

The economic realities of life in the city are such that national studies have shown repeatedly that there is no place in the country where individuals working at minimum wage can afford even a one-room apartment. It is also easily shown that raising the minimum wage simply results in fewer workers being hired, all else being equal. Subsidized housing raises the taxes of working families. With so many people working at minimum wage, it does not take much of a disruption to push them into a situation where they may be potentially homeless. There is no simple solution.

Homeless families present a particular problem because there are many fewer shelters available for families. Fortunately, the Coalition on Homelessness is focusing specifically on this aspect of the problem, as is The National Alliance to End Homelessness.

Besides the county and state governments, local churches are on the front lines in providing services and resources to the homeless community. This booklet is being produced in order to better help coordinate their efforts. Our desire is that every point of contact with any of these organizations should be capable of leading homeless individuals to all the services available. We are providing this guide to service providers so they can have knowledge outside of their primary expertise. It is clear that many people want to help, so we want them to have confidence that they are able to do so.

Poverty can be beaten, but it requires diligent efforts by everyone involved. Primarily, each homeless person is responsible for themselves. Secondly, churches and other organizations have a responsibility to utilize their resources in an efficient manner, providing their specific help in a way that affects the maximum number of people in the best possible way. Each organization can determine their best role as determined by their capabilities. Leadership comes at all levels, from the Mayor who helps fund various organizations, to the local pastor deciding how much of the church's funding to put to work for the poor, to the person metering out the amount of food on each plate in a soup line.

If everyone can share the dual vision of helping ease the daily lives of people and helping them lift themselves out of poverty, it will impact our community in a positive way. Charities and volunteers are in the unique position of being able to make San Francisco the best example in the country of how caring people can affect a whole population.

Hopefully this guide will make a difference by providing a one-stop-source for the overall picture, enabling every point of contact to operate with as much knowledge of the whole range of available resources and services as possible. As you encounter people, they will usually be concerned about day-to-day worries such as food and clothing. What you can offer them is a way out.

This booklet contains very specific information such as addresses, days of the week, and times of day. This information does change over time. It will be revised on a quarterly basis.

The web site will be kept current. Service providers are invited to utilize the web site when giving counseling and guidance to poor or homeless individuals.

***San Francisco Helps!*** is a small group of volunteers who are dedicated to helping the poor in San Francisco. Please partner with us by helping us to be aware of any changes to the information contained here. Those changes can be submitted via email to [SanFranciscoHelps@gmail.com](mailto:SanFranciscoHelps@gmail.com)

Together, we can make a real difference. It is clear that better than any city in the country, ***San Francisco Helps!*** Thank you for being a part of this effort.

–S.D. Dennis

[www.SanFranciscoHelps.com](http://www.SanFranciscoHelps.com)

## **Chapter 1 - County Adult Assistance Program and Food Stamps**

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Anybody in the San Francisco area who has an interruption of income should immediately apply for CAAP – the County Adult Assistance Program. CAAP consists of four programs: General Assistance, (GA), PAES, SSIP, and CALM. The choice of program is directed by the needs of the individual. Those needing shelter will be entered into the CHANGES system. Anyone in CAAP is also required to apply for Food Stamps. This is done at the CAAP office. CAAP provides shelter or assistance in paying rent. It also provides a small biweekly cash benefit.

**County Adult Assistance Program**  
**1235 Mission Street**  
**San Francisco, CA 94103**

**558-1000**

To begin the application process, go to this address at 8am any weekday morning. Fill out the application form for both CAAP and Food Stamps, then take it to Window A. They will verify the application forms then will set up an initial intake appointment, usually set for 7:30am two days later.

Under CAAP there are four separate, independent programs to better meet the needs of adult residents in San Francisco.

### **PAES**

The **Personal Assisted Employment Services** program provides employable adults with the education, training, and supportive services necessary to gain lasting employment and become self sufficient. Individuals with a verified disabling condition which is expected to last less than 12 consecutive months in duration are also eligible for PAES; however, they are exempt from participation in employment-related activities and services until such time as their temporary disabling condition has improved. PAES participants may also be exempted from employment-related activities on the basis of age. Individuals with disabilities, including those who are eligible for the SSIP program may choose to participate in PAES.

The monthly maximum benefit package for a single individual participating in PAES is valued at up to \$422. For a homeless individual, the benefit package may include housing, shelter, food, utilities and a cash benefit.

PAES applicants must have lived in San Francisco for 30 continuous days prior to the time of application. The introductory Appraisal Period begins when the applicant signs a PAES Participant Agreement. Work Experience activities during the Appraisal Period are 12 weekly, 3.5 hour Group Employment Preparation sessions, and up to 8 hours per week (depending on the grant amount) of Work Assignment or an acceptable, qualifying, substitute (employment, approved Vocational Training, ESL, G.E.D. preparation, Job Search because of a medical restriction, etc.) Participants may be excused from GEP if they are engaged in an approved activity and there is either a verified conflict in schedule or the other activity requires more than 16.5 hours per week. All PAES participants performing employment-related activities receive a monthly Muni Fast Pass or tokens.

Individuals who have successfully completed the Appraisal Period are assigned to an Employment Specialist to develop an Employment Plan as openings become available. The work assignment (or qualifying substitute) continues until the Plan is signed. The individualized, mutually-agreed-upon Employment Plan may include:

- Job training and career counseling
- Supervised Job Search
- G.E.D. preparation & vocational English as a Second Language (VESL) classes
- Vocational Training courses and Vocational Rehabilitation
- Skills-building workshops for those able to work in a supported setting
- Various Employment Projects, combining temporary paid employment with job-seeking services.
- Substance abuse and mental health treatment
- Housing search activities for homeless individuals

Supportive services available to PAES participants in Employment Plans include psychological and vocational assessment, substance abuse and mental health counselors on-site, vocational rehabilitation counseling, ancillary expenses for clothing, tools, supplies, etc., a housing subsidy, and Muni Fast Passes or tokens. PAES employment services are limited to 27 months, with a possible extension of 6 months, if such additional services are likely to lead to employment. The PAES stipend may continue beyond that time for individuals who fail to find employment through no fault of their own. For individuals who become employed, PAES Retention Services are available even if they're no longer eligible for the PAES stipend. There is a 60-day sanction for eligibility-related failures and a 90-day sanction for Employment Plan-related failures. Participants may grieve at any stage in the Employment Plan process. Employment Plan failures may be redressed in a 30-day Conciliation Process.

#### **CALM**

**Cash Assistance Linked to Medi-Cal** is for individuals who are receiving Medi-Cal benefits because they are either aged or disabled, but do not currently qualify for SSI, and their spouses. Such individuals may also volunteer to participate in PAES. The monthly maximum benefit package for a single individual participating in CALM is valued up to \$422. For a homeless individual, the benefit package may include housing, shelter, food, utilities and a cash benefit. There are no Sanction penalties for non-cooperation (except for fraud). One worker at 1440 Harrison Street provides both Medi-Cal benefits and cash assistance; Food Stamps workers are also available at the same location.

#### **SSIP**

**Supplemental Security Income Pending** is for individuals who have medical verification that they have a disability which either has lasted, or is likely to last, at least 12 consecutive months. SSI Advocacy is available through referral to the Community Health Network of the Department of Public Health. The monthly maximum benefit package for a single individual participating in SSIP is valued up to \$422. For a homeless individual, the benefit package may include housing, shelter, food, utilities and a cash benefit. Muni tokens for verified medical appointments are also provided. There are no Sanction penalties for non-cooperation (except for fraud). SSIP eligibles may choose to participate in PAES instead of SSIP. Continuing SSIP cases are handled by a specialized unit.

#### **GA**

**General Assistance** remains the County safety net program for indigent adults. It is designed for individuals who do not qualify for CALM and SSIP, and who either do not choose to participate in PAES or are serving a sanction from the PAES program. The monthly maximum benefit package for a single individual participating in GA is valued up to \$342. For a homeless individual, the benefit package may include housing, shelter, food, utilities and a cash benefit. In exchange for the GA benefit package, able-bodied GA recipients are expected to perform Workfare for up to 8 hours per week (depending on the grant amount) or an acceptable substitute. GA recipients performing Workfare receive a Muni Fast Pass or tokens. Program requirement failures without Good Cause

may result in a 30-day sanction. If the GA recipient's housing costs are more than the GA maximum aid payment, he or she may request a Supplemental Rent Payment. The GA aid package including the Supplemental Rent Payment may not exceed \$345, and it made payable as a 2-party check to the landlord and the recipient.

**HOMEWARD BOUND** is the program that will give you a one-way bus ticket home.

Apply at the CAAP office. You will need to show proof that someone will meet you and give you a place to stay when you arrive at your destination.

## **FOOD STAMPS**

Application for food stamps may be made at the CAAP office at 1235 Mission. You will need to bring identification and proof of address, proof of income, documentation of bank accounts, etc.

## **IDENTIFICATION**

CAAP may help you to get your **California Identification Card**. If so, they will issue you a check written to DMV, and you will take it to:

**Department of Motor Vehicles**  
**1377 Fell Street**  
**San Francisco, CA**  
**(415) 557-1170**

CAAP may help you to obtain your birth certificate if you have no other form of primary identification.

To get a **Social Security card**, call 1-800-772-1213 and follow their instructions. First time applicants require birth certificate and 1 piece of identification.

<b>Chinatown</b>	<b>560 Kearny Street</b>
<b>Hunter's Point</b>	<b>3801 Third Street</b>
<b>Mission District</b>	<b>1098 Valencia (at 22<sup>nd</sup> St)</b>
<b>Parkside</b>	<b>1569 Sloat Blvd #300</b>
<b>Western Addition</b>	<b>1405 Fillmore Street</b>
<b>Downtown</b>	<b>Federal bldg at 7<sup>th</sup> and Mission</b>

**Passport office**      (415) 538-2700      Hours: Mon-Fri 9:00 AM - 4:00 PM  
US Passport Office  
95 Hawthorne Street, 5<sup>th</sup> floor  
San Francisco, CA 94105-3901

**Work Permit** (under 18 years old)      Hours: 8:00-11:00 AM, 1:00-4:30 PM  
San Francisco School District, Pupil Services  
555 Portola (Bung. 1)  
San Francisco, CA 94131

## Chapter 2 - DAILY MEALS

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There are many places in San Francisco where individuals may go for meals. In most cases there will be a line, sometimes longer than other times. Any place which serves good food quickly becomes well known! But at even the busiest places the wait will generally be less than an hour. Many hand out tickets to the line of people, so they can better control and track the food requirements.

The quality of food is generally good at all the places listed here. And most will offer enough food in balanced meals to satisfy basic nutritional requirements. Anybody providing food in San Francisco is aware that there are other locations providing similar service, and they will assume that most people will avail themselves of more than one provider for their daily meals.

The people waiting in line are generally tolerant of others. There is little risk of confrontation among hungry people who are waiting in an orderly manner. The key word here is orderly. Trying to cut in line, or arguing, can quickly escalate into a situation where it is better to leave and try again somewhere else.

In San Francisco there are many locations offering food. Some also offer counseling and spiritual education in addition to meals.

Feel free to copy the next page separately. It has proven to be a good way to help make sure people do not go hungry.

This same chart is on the inside of the back cover of this booklet.



**SUNDAY**

7:00 - 9:00	Council of Human Svcs	2111 Jennings	At Van Dyke
8:00 - 9:00	Curry Senior Center	333 Turk St.	For ages 60+
8:00 - 9:00	Glide Memorial Church	330 Ellis St.	At Taylor
9:00 - 10:30	Martin de Porres	225 Potrero	Near 16 <sup>th</sup> Street
11:30 - 12:00	Curry Senior Center	333 Turk St.	For ages 60+
11:30 - 1:30	St. Anthony Dining Room	45 Jones	At Golden Gate
12:00 - 1:30	Glide Memorial Church	330 Ellis St.	At Taylor
3:30 - 5:00	Missionaries of Charity	1330 Fourth St	Behind ATT Park
4:00 - 5:00	St. Peter & Paul Catholic	666 Filbert	Near Washington Sq.
4:00 - 6:00	Council of Human Svcs	2111 Jennings	At Van Dyke
5:00 - 5:30	River of Life Fellowship	1 Market	At Embarcadero Plaza

**MONDAY THROUGH FRIDAY**

6:30 - 7:30	Martin de Porres	225 Potrero	Except Wednesdays
7:00 - 9:00	Council of Human Svcs	2111 Jennings	At Van Dyke
8:00 - 9:00	Curry Senior Center	333 Turk St.	For ages 60+
8:00 - 9:00	Glide Memorial Church	330 Ellis St.	At Taylor
11:30 - 12:00	Curry Senior Center	333 Turk St.	For ages 60+
11:30 - 1:30	St. Anthony Dining Room	45 Jones	At Golden Gate
11:30 - 1:30	Haight-Ashbury Food Pgm	1525 Waller	Tue-Fri only
12:00 - 1:30	Glide Memorial Church	330 Ellis St.	At Taylor
12:00 - 2:00	Martin de Porres	225 Potrero	Haircuts Tue, Thu
12:45 - 2:00	Providence Foundation	1601 McKinnon	Wed only
3:30 - 5:00	Missionaries of Charity	1330 Fourth St	Except Thu
4:00 - 5:30	Glide Memorial Church	330 Ellis St.	At Taylor
4:00 - 5:00	St. Peter & Paul Catholic	666 Filbert	Near Washington Sq.
4:00 - 6:00	Council of Human Svcs	2111 Jennings	At Van Dyke
4:00 - 5:00	SF Rescue Mission	140 Turk	Btwn Taylor & Jones
5:00 - 7:30	CityTeam Ministries	164 Sixth Street	Btwn Mission/Howard
5:00 - 6:00	N. Peninsula Food Pantry	31 Bepler	Mon, Tue, Thu only
5:30 - 6:30	First Baptist Church	22 Waller (Octavia)	Wednesday nights
6:00 - 7:00	Food Not Bombs	UN Plaza	Mon, Wed, Fri only

**SATURDAY**

7:00 - 9:00	Council of Human Svcs	2111 Jennings	At Van Dyke
8:00 - 9:00	Curry Senior Center	333 Turk St.	For ages 60+
8:00 - 9:00	Glide Memorial Church	330 Ellis St.	At Taylor
10:30 - 11:30	All Saints Episcopal	1350 Waller	Near Masonic
11:30 - 12:00	Curry Senior Center	333 Turk St.	For ages 60+
11:30 - 1:30	St. Anthony Dining Room	45 Jones	At Golden Gate
12:00 - 3:00	CityTeam Ministries	164 Sixth St.	Food, clothing, Dr.
12:00 - 1:30	Glide Memorial Church	330 Ellis St.	At Taylor
12:00 - 2:00	Martin de Porres	225 Potrero	Near 16 <sup>th</sup> Street
3:30 - 5:00	Missionaries of Charity	1330 Fourth St	Behind ATT Park
4:00 - 5:00	St. Peter & Paul Catholic	666 Filbert	Near Washington Sq.
4:00 - 6:00	Council of Human Svcs	2111 Jennings	At Van Dyke
4:00 - 6:00	Council of Human Svcs	146 Leavenworth	At Turk
5:00 - 7:30	CityTeam Ministries	164 Sixth Street	Btwn Mission & Howard

**All Saints Episcopal Church      1350 Waller (Near Masonic)      621-1862 (Tu-Th 1-5pm)**

Brunch on Saturdays from 10:30 to 11:30 am.

Meat; potatoes or pasta or rice; vegetables, salad, pastry, coffee and bread.

**CityTeam Ministries      164 Sixth St.      861-8688**

Located between Mission & Howard on Sixth Street, provides generous hot meals.

There is a sign-up sheet. Generally about 40 people are allowed inside at one time.

5:00 pm every evening except Sunday, 12:00-3:00 on Saturdays for a meal, clothing, foot care

2<sup>nd</sup> & 4<sup>th</sup> Saturday provides medical clinic from 12:00 to 3:00.

2<sup>nd</sup> & 4<sup>th</sup> Friday is Lady's Day for "biological" women only, 10am-12:30pm.

**The Coffee House      690 Page (near Steiner)      939-2377**

Fridays at 8:00 pm, hot meal, coffee, Kool-Aid & Sweets. Help set up 6:30 pm; movie at 9pm.

**Curry Senior Center      333 Turk      292-1086 (7am-1pm)**

For those 60 & over. \$1.50 suggested donation, but nobody is turned away for lack of funds.

Breakfast 8:00-9:00, lunch 11:30-Noon, seven days a week.

Sign up for lunch at 8:00 am M-F, 9:00 am on weekends & holidays

**Food Not Bombs      UN Plaza Fountain and 16<sup>th</sup> & Mission BART Plaza**

Dinner 6:00-7:00 MWF. Vegetarian soup and bread and often salad. Bring your own bowl!

**First Baptist Church of SF      22 Waller St. (at Octavia)      863-3382**

Full course dinner Wed from 5:30 to 6:30, then Second Helping Bible study from 6:45-8:00.

**First Friendship Inst. Baptist      501 Steiner (at Oak)**

Full-course lunch from 12:00-3:00 the 4<sup>th</sup> Saturday of the month. Volunteers needed!

**Glide Memorial Church      330 Ellis (at Taylor)      674-6040 (M-F, 8am-4:30pm)**

Hot meals, and bag dinner provided on Saturdays. No lunch & dinner on holidays except Easter.

Breakfast 8:00-9:00, lunch 12:00-1:30, seven days a week. Dinner 4:00-5:30 Mon-Fri.

Tickets are handed out to those in line. Step out of line to smoke, then step back in assigned order.

**Haight-Ashbury Food Program      1525 Waller (near Belvedere)      566-0366 (Tue-Fri, 8am-2pm)**

Vegetarian alternative. Families, seniors & handicapped served first. Lunch 11:30-1:30 Tues-Fri.

**Iglesia Latina Americana de las Adventistas 7 Dia      3024 24<sup>th</sup> Street (near Harrison)**

Lacto-ovo-vegetarian! Eggs, potatoes, beans, coffee served on 3<sup>rd</sup> Sunday at 9:30 am.

**Macedonia Missionary Baptist      2135 Sutter (near Steiner)      346-1154**

Hot meal the Saturday before the 4<sup>th</sup> Sunday of the month, at 11:30 am. Prayer before the meal.

**Martin de Porres House of Hosp.      225 Potrero (near 16<sup>th</sup> St)      552-0240**

Usually vegetarian. Breakfast: oatmeal & herb tea. Lunch: hearty soup & salad.

Brunch Sun 9:00-10:30; Breakfast 6:30-7:30 Mon, Tue, Thu, Fri; Lunch 12:00-2:00 Tue-Sat

**Missionaries of Charity      1330 Fourth St (near ATT Park)      586-3449**

Full-course dinner, usually with their famous soup: 3:30-5:00 every day except Thursdays.

**N. Peninsula Food Pantry      31 Bepler (near Mission)      (650) 994-5150**

Full course meal 5:00-6:00 pm or until food runs out on Mon, Tues, Thurs.

**Providence Foundation of SF**      **1601 McKinnon (at Mendell)**      **642-0234**

Lunch 12:45-2:00 Wed with optional Bible study

**River of Life Christian Fellowship**      **1 Market Street (at Embarcadero Plaza)**

Soup, coffee and bread served Sundays from 5:00-5:30 pm

**St. Anthony Dining Room**      **45 Jones (at Golden Gate)**      **241-2690**

Lunch 11:30-1:30 every day. 10:30-11:30 for people with kids or age 59 and over.

**St. Peter & Paul Catholic Church** **666 Filbert (near Washington Sq)**      **421-0809**

Sandwich 4:00-5:00 or until food runs out, every day.

**San Francisco Rescue Mission**      **140 Turk (btwn Taylor & Jones)**      **441-1628**

Mon-Fri coffee & Pastry 10:30-10:45. Dinner 4:00 pm with church service first. Door close 4:15.

**Simply Supper / MCF**      **152 Church (btwn Market & Duboce)**      **865-2752**

Full-course vegetarian lunch served 2:30-3:30 Fridays. Tickets start at 1:30.

**Third Baptist Church**      **1399 McAllister (near Pierce)**

Meat, bread, vegetables, salad, punch & desert on Thursdays 12:30-1:30

**United Council of Human Services**      **2111 Jennings (at Van Dyke)**      **671-1100**

Hot breakfast 7:00-9:00; dinner 4:00-6:00 every day.

**United Council of Human Services**      **146 Leavenworth (at Turk)**      **671-1100**

Hot dinner, usually including an entree, vegetables & dessert Saturdays at 4:00 pm.

## Chapter 3 - GROCERIES AND FREE PANTRIES

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### GROCERIES

**Department of Human Services Food Stamps    1235 Mission (btwn 8<sup>th</sup> & 9<sup>th</sup>)    558-4186**

Show up at 8:00 AM. Fill out an application and turn it in at the window. You will be given an appointment to return. Bring identification and proof of rent, expenses, income, bank accounts, etc. Food stamps will usually begin in 3 days but can take longer. Individuals can qualify for up to \$155 per month to be spent only on food.

**Women, Infants, Children program    5 locations around town    575-5788**

For women who are pregnant or have children under 5 years of age. Call for referral. Bring proof of income and verification of pregnancy if applicable. You can receive vouchers for food and nutritional counseling and other prenatal support.

### PANTRIES

### TENDERLOIN / CHINATOWN / SOMA

**Project Open Hand    730 Polk (near Ellis)    (800) 551-6325**

For people with symptomatic of disabling HIV or AIDS. Letter of diagnosis, proof of SF residency, photo ID required. Call M-F 9-4 for an interview. If accepted, pick up food Tue 9-4, Wed-Sat 11-4.

**Salvation Army Asian American Yerba Buena Corps    360 4<sup>th</sup> St.    777-2677**

For seniors 60+ who live in 94103, 94105 or 94107 zip codes. ID Required. English, Cantonese & Mandarin spoken. Care providers must have client's ID with current address, their own ID and authorization letter. Get a ticket Fri 8:45 AM. Food distributed 9:00 AM.

**Salvation Army Family Services, Chinatown    1450 Powell St. (At Fortway)    781-7002**

For 94104, 94108, 94109, 94111, 94123, 94130, 94133 zip codes. ID Required. Produce, breads, meats, etc. Get a ticket Fri 9 AM. Food distributed 3:00 PM.

**Salvation Army Family Services, TL    220 Turk St. (Between Taylor & Jones)**

For 94102, 94103, 94105, 94115, 94117, 94118, 94124 zip codes. Friday 8:00 AM - 10:30 AM. 120 people served. Bring your own bag.

**San Francisco Rescue Mission    140 Turk St. (Between Taylor & Jones)    441-1628**

Must live in 94102 zip code. Bring photo ID and proof of address. Canned and dry goods. You can get food once a month. Sign up Wed 12-12:30 PM to pick up food Thu 12-12:30 PM.

### CITYWIDE

**Supplemental Food Program    Call HELPLINK at 808-4357 for locations**

For SF residents age 60+ & non-WIC families with children under 6. One 35 lb. Box of dry and canned goods per month. Must provide proof of age and income.

**PANTRIES****BAYVIEW / HUNTERS POINT / VISTACION**

**Bayview Hunters Family Resource Center**      **1329 Evans (at Mendell)**      **920-2851**

Wednesday 9:00 AM - 12:00 PM. Produce only. Sign in with address. No ID Needed.

**Bayview Hunters Family Resource Center**      **4705 3<sup>rd</sup> St (at Newcomb)**      **920-2851**

Wednesday 9:00 AM - 12:00 PM. Produce only. Sign in with address. No ID Needed.

**Girls 2000 (Hunters Point Pantry)**      **195 Kiska (at Dormitory)**      **824-3225**

Thu 2:00 - 3:30 PM, first come first served. For Hunters Point Families. No ID Needed.

**Heritage Homes & Britton Court**      **243 Rey (at Sunnydale)**      **333-9956**

Monday 2:00 - 5:00 PM. For residents of Heritage Homes or Britton Court. No ID Needed.

**Our Lady of Lourdes**      **410 Hawes (at Innes)**      **285-3377**

Sat 10:00 AM - 12:00 PM. Produce, canned & dry foods. ID Required. Bring your own bag.

**Rainbow 7<sup>th</sup> Day Adventist**      **1400 Palou (at Keith)**

Sign up Mon 9:00 AM for vegetarian groceries given out at 12:00 PM.

**St. Paul Tabernacle Baptist Church**      **1789 Oakdale (at Phelps)**      **642-4965**

Fri 12:00 - 2:00 PM. For 94124 zip code. ID required.

**United Council of Human Services**      **1065 Oakdale (btwn Ingalls & Griffith)**      **643-1700**

Mon-Fri 9:00 AM - 4:00 PM. Sign up for monthly bag of canned food. Distributed Wed 10:00 AM. Please call ahead to find out what ID will be required. Free clothing, no ID required.

**Vistacion Valley Family & Comm Svcs Ctr**      **161 Leland (at Rutland)**      **586-6998**

Must register once (with ID) on Tue 10:00-10:30 AM for food distributed Mon 3:00-4:00 PM.

**PANTRIES****MISSION / POTRERO / CASTRO**

**Arriba Juntos**      **1850 Mission (btwn 14<sup>th</sup> & 15<sup>th</sup>)**      **487-3240**

Get ticket Thu 9:45 AM for groceries at 11:30 AM. For 94110 and 94103 zip code. ID Required.

**Fill Up America**      **1050 S. Van Ness (btwn 21<sup>st</sup> & 22<sup>nd</sup>)**      **307-6313**

Get ticket Fri 10:00 AM for food at 12:30 PM. For 94110 and 94103 zip code. ID Required.

**Potrero Hill Family Resources Center**      **751 Missouri (at Turner)**      **206-2121**

Fri 12:30 - 4:00 PM, last two Saturdays of the month 10:00 AM - 2:00 PM. For 94107 zip code. Bring ID for first visit. No ID required for emergency food boxes if referred by an agency.

**Salvation Army Family Services, Mission**      **1156 Valencia (btwn 22<sup>nd</sup> & 23<sup>rd</sup>)**

Register Mon-Thu 9:00-11:45 AM for groceries Fri 9:00-11:00 AM. Bring ID & proof of income. For 94107, 94110, 94112, 94114, 94131, 94134 zip codes. Bring proof of address.

**St. Aidan's Church**      **101 Goldmine Dr. (At Diamond Heights)**

Fri 1:00-2:30 PM. Dry & canned goods, produce. For 94131 zip code. ID required.

**St. Gregory of Nyssa Episcopal Church**

**500 De Haro (at Mariposa)**

**255-8100**

Fri 1:30 - 4:00 PM. Do not line up before 1:00. For 94103, 94107, 94110, 94124 zip codes. ID req'd.

**PANTRIES**

**OCEAN VIEW / SUNSET / RICHMOND**

**Fill Up America**

**200 Onondaga (near Otsego)**

**307-6313**

Get a ticket Fri 10:30 AM for food at 1:45-2:15 PM. For 94112 zip code. ID Required.

**OMI Family Resource Center**

**260 Sagamore (btwn Alemany & Capitol)**

**406-1370**

Numbers given out Tue 9:00 AM for food at 11:30 AM -12:30 PM. For 94112, 94116, 94132 zip.

**OMI Senior Center**

**1948 Ocean (at Fairfield)**

**587-1443**

Food boxes for seniors 9:30 AM - 1:00 PM on the 4<sup>th</sup> Mon of the month. Brown bags for seniors in 94127 and 94132 zip code Thursday 9:00-11:00 AM. ID & proof of income required.

**Salvation Army Sunset Corps**

**1362 19<sup>th</sup> Ave (btwn Irving & Judah)**

**566-0289**

Fri 8:00 AM until food runs out. For 94116, 94118, 94121, 94122, 94127, 94129, 94132, 94133. Bring ID, your own bag, and proof of income.

**Sunrise Community Pantry**

**1090 Quintare (at 20<sup>th</sup> Ave)**

**664-0915**

Get a ticket Sat 7:00 AM. Produce, canned & dry goods. One person per household. ID required.

**Temple United Methodist Church**

**65 Beverly (at 19<sup>th</sup> Ave)**

**586-1444**

Wed 6:00 - 7:00 PM. Line up no earlier than 5:45 to get ticket. Produce, canned & dry goods.

## Chapter 4 - SHELTER AND HOUSING

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**GENERAL HOUSING ASSISTANCE                      HELPLINK                      772-4357**

**SHELTER                      MEN 18+ (without kids)**

**CityTeam Ministries                      164 6<sup>th</sup> St. (At Natoma)                      861-8688**

Call or stop by 9:00 AM - 4:00 PM Tue-Fri. Long-term residential drug rehabilitation program or transitional housing program. Must be clean and sober for interview.

**SHELTER                      WOMEN 18+ (without kids)**

**A Woman's Place                      1049 Howard (btwn 6<sup>th</sup> & 7<sup>th</sup>)                      487-2140**

For women in crisis. Call 24 hrs for intake interview. Stay up to 7 days.  
Supportive housing for HIV or dual-diagnosis. Stay up to 18 months.  
Substance abuse program. Stay 1-4 months.  
Drop in 6:00 AM - 4:00 PM for referrals and case management.

**Marian Residence                      1171 Mission (btwn 7<sup>th</sup> & 8<sup>th</sup>)                      241-2688**

Show up 6:30 PM for 7:00 PM lottery. Daily shower required. 3 meals, chores.  
To keep a bed you must return by 7:00 PM each evening.

**SHELTER                      BOTH SEXES 18+ (without kids) - C.H.A.N.G.E.S.**

**Mission Neighborhood R.C.                      165 Capp (btwn 16<sup>th</sup> & 17<sup>th</sup>)                      869-7977**

MTWF 7:00 AM - 12:00 PM, 2:00-7:00 PM, Thu 7:00 AM - 5:00 PM.  
Women only Thu 6:00 - 8:00 PM.

**Bayview Hunters Point R.C.                      2111 Jennings (at Van Dyke)                      671-1100**

Mon-Fri 5:00 PM - 9:00 AM & Sat-Sun 5:00 PM - 7:00 AM. Samoan spoken.

**Glide Walk-In Center                      330 Ellis, Suite 101 (at Taylor)                      674-6033**

Daily 7:00 - 11:00 AM. English only.

**Tenderloin Health                      187 Golden Gate (at Leavenworth) 431-7476**

Daily 7:00 AM - 12:00 PM, 1:00-8:00 PM. English & Spanish spoken.

**Multi-Service Center South                      525 5<sup>th</sup> St (at Bryant)                      597-7960**

Daily 7:00-11:00 AM & 5:00-9:00 PM. English & Spanish spoken  
Drop-in center open 9:00 AM - 3:00 PM. Doctors on site Mon-Thu.

**Hospitality House**                                  **288 Turk (at Leavenworth)**                                  **749-2143**  
Mon 1:00-7:00 PM, Tue-Fri 11:00 AM - 7:00 PM.

**150 Otis Street R.C.**                                  **150 Otis Street**                                  **557-6339**  
**HOMELESS STORAGE available during the daytime.**  
Placement in other CHANGES facilities nightly 7:00 - 11:00 PM.

**Next Door**                                  **1001 Polk (at Geary)**                                  **292-2180**  
Reduction shelter with 135 beds for men and 75 for women. Show up for intake Mon-Thu 8:00 AM - Noon. If accepted, you will go on a waiting list. Once on the waiting list you must call in or go there 5 days in a row, then check every Tue & Thu until a bed becomes available. This may take up to 3 months for men and 1 month for women. Mandatory case management. Library, breakfast, dinner.

**SHELTERS                  BATTERED WOMEN (with or without children)**

**Asian Woman's Shelter**                                  **751-7110 (M-F 9-5) or 751-0880 (24 hrs)**  
Toll-free number 1-877-751-0880 will work from any pay telephone.  
New guests Mon-Thu only, except in emergencies. Stay up to 12 weeks.  
Priority given to Asian women & children who have limited resources & speak no English. Open to others when space is available. Staff speaks Arabic, Cantonese, Farsi, Hindi, Indonesian, Japanese, Javanese, Korean, Laotian, Mandarin, Mien, Tagalog, Thai, and Vietnamese. Kitchen and food provided.  
Referrals, counseling and clothing are available. DV Hotline available.

**La Casa de las Madres**                                  **1633 Mission (btwn 12<sup>th</sup> & Plum)**                                  **1-877-503-1850**  
Toll-free number will work from any pay phone. 1-877-923-0700 for teens.  
Call anytime for shelter. Program includes counseling, house meetings, 3 meals daily and chores. Stay up to 8 weeks. Non-residential program includes support groups & individual counseling in English & Spanish. To volunteer call 503-0500.

**Rosalie House**                                  **3543 18<sup>th</sup> St (btwn Valencia & Guerrero)**                                  **255-0165**  
Call Mon-Fri 9:00 AM - 5:00 PM for shelter. Stay up to 12 weeks. No drugs nor alcohol once in the shelter. Program includes counseling, house meetings and chores. Kitchen and food available. After office hours, calls are answered by DV Hotline for crisis counseling. Drop in or call 552-2943 for non-residential services & peer counseling or to volunteer. Cantonese, English Mandarin, Spanish.



## **SHELTERS      FAMILIES & PREGNANT WOMEN**

### **Connecting Point**

**442-5134 or toll-free at 1-888-811-7233**

Call Mon-Fri 9:00 AM - 5:00 PM. Offers placement in shelters for 1- or 2- parent families, expectant couples & pregnant women in 3<sup>rd</sup> trimester (with proof). Same-sex couples accepted. Wait 3-6 months for shelter placement. Possible financial help for families facing eviction or move-in costs. Call for intake interview. If you get an answering machine, leave your name and phone number. Messages checked 9:00 AM & 1:00 PM. English and Spanish.

### **Hamilton Family Emergency Center**

**260 Golden Gate**

**292-5228**

Shelter for 1- and 2- parent families & expectant couples (with proof) & pregnant women in 3<sup>rd</sup> trimester (or 5 months with high risk). Same-sex couples accepted. Call at 11:00 AM or 5:00 PM for 1 night of shelter or at 11:00 AM to ask about 60-day beds. Case management available.

### **Missionaries of Charity**

**55 Sadowa**

**586-3449**

Pregnant women (with proof) & women with children under 3 yrs only. Must have proof of negative TB and HIV status. Must be clean and sober. Call for an appointment for a personal interview. Stay up to 1 month after childbirth. No new shelter guests accepted on Thursdays. 3 meals daily.

## **SHELTERS      YOUTH**

### **Diamond Youth Shelter**

**536 Central Ave (near Hayes)**

**567-1020**

Call toll-free 1-800-887-1020 from any pay telephone 24 hrs. Youths 12-17 call or show up 8:30 PM - 7:30 AM (except Tue 6:30 PM - 7:30 AM, Sun 4:00 PM - 7:30 AM). Dinner, breakfast, showers, counseling & referrals.

**Drop-in center:** 1142 Sutter (btwn Larkin & Polk). Youths 12-19.

8:00 AM - 8:00 PM (except Tue 8:00 AM - 6:00 PM, Sun 8:00 AM - 4:00 PM).

### **Huckleberry House**

**1292 Page (at Lyon)**

**621-2929**

Youths 11-17 who are not on probation. Call if you can or show up to be assessed for housing for 3-5 nights. If accepted, they'll contact your guardians within 72 hours. Open 24 hrs. 3 meals daily for shelter guests. Access to medical services. Case management and family therapy. English, Spanish, Russian.

### **Lark Inn**

**869 Ellis (at Van Ness)**

**1-800-447-8223**

Call toll-free 24 hrs from any pay telephone. Youths 18-24. Come in or call to get on waiting list for a bed. Length of stay varies, maximum 4 months. Case management required after 20 nights. Curfew 9:45 PM. Leave by 8:30 AM, 3 meals daily. Job readiness training, remedial education, GED & college-entry prep available. English, Spanish.

## Chapter 5 - HEALTH CARE

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<b>Caleb G. Clark Potrero Hill Health Center</b>	<b>1050 Wisconsin Street</b>	<b>648-3022</b>
<b>Castro-Mission Health Center</b>	<b>3850 17<sup>th</sup> Street</b>	<b>487-7500</b>
<b>Chinatown Public Health Center</b>	<b>1490 Mason Street</b>	<b>705-8500</b>
<b>Glide Health Clinic</b>	<b>330 Ellis, Rm 418</b>	<b>673-1500</b>
<b>Haight Ashbury Free Clinic</b>	<b>558 Clayton Street</b>	<b>487-5632</b>
<b>Maxine Hall Health Center</b>	<b>1301 Pierce Street</b>	<b>292-1300</b>
<b>Medi-Cal</b>	<b>1440 Harrison</b>	<b>863-9892</b>
<b>Mission Neighborhood Health</b>	<b>240 Shotwell Street</b>	<b>552-3870</b>
<b>North East Medical Services</b>	<b>1520 Stockton Street</b>	<b>391-9686</b>
<b>Ocean Park Medical Center</b>	<b>1351 24<sup>th</sup> Avenue</b>	<b>753-8100</b>
<b>San Francisco Free Clinic</b>	<b>132 Clement Street</b>	<b>750-9894</b>
<b>Silver Avenue Family Health</b>	<b>1525 Silver Avenue</b>	<b>715-0300</b>
<b>Southeast Health Center</b>	<b>2401 Keith Street</b>	<b>715-4000</b>
<b>South of Market Health Center</b>	<b>551 Minna Street</b>	<b>626-2951</b>
<b>Tom Waddell Clinic</b>	<b>50 Ivy St.</b>	<b>554-2950</b>

### **Mental Health Crisis**

<b>Access Team</b>	<b>255-3737</b>
<b>Centralized Intake</b>	<b>(888) 246-3333</b>
<b>Mobile Crisis Team</b>	<b>355-8300</b>
<b>Westside Crisis Clinic</b>	<b>353-5050</b>

## **Chapter 6 - SUBSTANCE ABUSE TREATMENT**

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<b>Al-Amon/Alateen</b>	<b>626-5634</b>
<b>Alcoholics Anonymous</b>	<b>621-1326</b>
<b>Marijuana Anonymous</b>	<b>522-7373</b>
<b>Nar-Anon</b>	<b>292-3241</b>
<b>Narcotics Anonymous</b>	<b>621-8600</b>
<b>Nicotine Anonymous</b>	<b>995-1938</b>
<b>Overeaters Anonymous</b>	<b>436-0651</b>
<b>Gamblers Anonymous</b>	<b>(800) 287-8670</b>
<b>Target Cities Project</b>	<b>(800) 750-2727</b>
<b>National Council on Alcoholism and Other Drug Addictions</b>	<b>296-9900</b>
<b>San Francisco Suicide Prevention Drug Line</b>	<b>362-3400</b>

## **Chapter 7 - HYGIENE SERVICES**

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### **SHOWERS**

**A Woman's Place**                                **1049 Howard (between 6<sup>th</sup> & 7<sup>th</sup>)**                                **487-2140**

Open daily - for women only. Soap and shampoo provided, towels sometimes.  
Showers from 6:00 AM - 7:00 AM, 8:00 AM - 10:00 AM, 11:30 AM - 2:00 PM

**Martin de Porres (Martin's)**                                **225 Potrero Ave (at 15<sup>th</sup> Street)**                                **552-0240**

Open daily. Showers available Tues & Thurs 9:00 AM - 12 Noon. Check-in at 9 AM.  
Hygiene products distributed Tues & Thurs 6:30 AM - 7:30 AM. Towels provided.

**Mission Neighborhood**

**Health Resource Center**                                **165 Capp (between 16<sup>th</sup> & 17<sup>th</sup>)**                                **869-7977**

Open Mon-Fri, 7:00 AM - 12 Noon, and Tues & Wed 2:00 PM - 5:00 PM.  
Towels and liquid soap provided. Hygiene items sometimes provided.

**Multi-Service Center South**                                **525 5<sup>th</sup> Street (at Bryant)**                                **597-7960**

Open daily. Showers 9:00 AM - 3:00 PM. Towels, soap and shampoo provided.

**UCHS Bayview Hunters Point**

**Drop-in Center**                                **2111 Jennings Street**                                **671-1100**

Open daily. Showers 5:00 PM - 10:00 PM. Towels, soap and shampoo provided.

**Ozanam Center**                                **1175 Howard (between 7<sup>th</sup> and 8<sup>th</sup>)**                                **864-0296**

Open Mon-Fri, 7:30 AM - 12:45 PM. Towels and soap provided.  
Clothing referrals available Mon-Wed, 7:30 AM - 8:30 AM.

### **LAUNDRY**

**Mission Neighborhood**

**Health Resource Center**                                **165 Capp (between 16<sup>th</sup> & 17<sup>th</sup>)**                                **869-7977**

Open Mon-Fri, 7:00 AM - 12 Noon, and Tues & Wed 2:00 PM - 5:00 PM.  
Laundry costs: 25 cents per cycle.

**UCHS Bayview Hunters Point**

**Drop-in Center**                                **2111 Jennings Street**                                **671-1100**

Open daily. Laundry 5:00 PM - 10:00 PM. Laundry costs: 25 cents per cycle.

### **HAIRCUTS**

**St. Anthony Foundation**                                **119 Golden Gate Street**                                **241-2600**

Tues, Thurs 6:45 AM for voucher lottery (10 daily) at 7:00 AM.

## Chapter 8 - EMPLOYMENT

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Since the majority cause of homelessness is economic, it makes sense that the solution will also be found in improving the economic position of the individual. Whether the individual has become displaced because of outdated work skills, or simply from a long time duration break in employment, it is always advisable to seek further education to develop job skills.

Job hunting has changed a lot in the last few years. The employment market is very competitive, and large companies are loath to hire any long-term employees at all, instead favoring contract workers and temporary employees. Still, there is hope for the person who is dedicated to the task of getting a good job here. It can be a full-time effort, and it can be successful.

Job listings, (Internet, classified ads, flyers), are plentiful in this area. **Craigslist** is by far the most successful. Employment counselors say the most productive method of finding employment is through networking. This allows the job seeker to tap into the so-called hidden job market. It is estimated that 85% of the available jobs here are not advertised outside of the organization. So whether by meeting current employees, or by tapping into the internal job boards of these organizations, the most successful job search will be completed by doing more than simply sending out resumes on Internet job sites.

The **Employment Development Division** (EDD) has three locations in San Francisco which provide very helpful advice and training in the skill of job-hunting. They provide **free access to the Internet, to job-search sites, resume development, printing, copying, FAXing, access to telephones, and many other valuable job-hunting resources.** They also have on-site counselors who can spend one-on-one time helping the job seeker. Upon the first visit the job seeker will apply for a One Stop card which will allow them quick access to the services available at all three locations.

### EDD Career Link locations

- |   |                                     |                            |
|---|-------------------------------------|----------------------------|
| ▶ | <b>Career Link Center - Mission</b> | <b>3120 Mission Street</b> |
| ▶ | <b>Career Link - Civic Center</b>   | <b>801 Turk Street</b>     |
| ▶ | <b>Southeast Career Center</b>      | <b>1800 Oakdale Avenue</b> |

The **San Francisco Public Library** has an employment reference librarian on staff at the Main Branch, (Market & 8<sup>th</sup> Street), and also provides free Internet access. They have many employment-related books and periodicals, as well as job-training books.

**Mission Hiring Hall** at 3042 16<sup>th</sup> Street (626-1919) can offer immediate placement.

**SOMA Employment Center** at 288 7<sup>th</sup> Street (865-2105) can offer employment.

## **JOB SEARCH / PLACEMENT ASSISTANCE PROGRAMS**

Bay Area Women's and Children's Shelter	318 Leavenworth Street		474-2400
Central City Hospitality	290 Turk Street		749-2100
Glide Memorial Church	330 Ellis St		771-6300
Jewish Vocational Services	77 Geary Street		391-3600
Job Corps (ages 16-24)		Females	981-8219
		Males	705-1800
Management Center	870 Market Street, Suite 800		362-9735
Mission Hiring Hall	3042 16 <sup>th</sup> Street		626-1919
Renaissance Employment	1800 Oakdale, Room 510		643-1400
SF Chamber of Commerce	465 California Street		392-4520
SF Dept of Human Resources	44 Gough Street		557-4888
SF Comm on Stat of Women	25 Van Ness Avenue		252-2570
San Francisco Day Labor	Franklin Square Park		252-5375

### **SELF EMPLOYMENT**

San Francisco Renaissance	<a href="http://www.rencenter.org">www.rencenter.org</a>		541-8580
Center for Small Business			338-2397
SCORE (Service Core of Retired Executives)			744-6827
Women's Initiative for Self Employment			247-9473
Urban Economic Development	<a href="http://www.best.com/~uedc/">www.best.com/~uedc/</a>		923-0105

### **APPRENTICESHIP PROGRAMS**

Cement Masons	2660 Newhall Street		468-4411
Culinary Workers JCA	760 Market Street, Suite 1066		989-8726
Electrical Apprenticeship	55 Fillmore Street		431-5853
Glaziers Local 718 JATC	2660 Newhall Street		467-8569
Painters & Tapers	5 Thomas Mellon Circle, Suite 185		656-1127
Plumbers Local 38	1625 Market Street		626-2000
Sheet Metal JAC	1939 Market Street		431-1676
Stationary Engineers JAC	560 Barneveld Avenue		285-3939

## SAN FRANCISCO BAY AREA JOBLINE PHONE NUMBERS

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### **BANKING / FINANCE**

Bank of America, Nationwide	(877) 248-7923 x2
Bank of the Orient, San Francisco	338-0768
Citibank	658-4562
Federal Reserve Bank	974-3330
Washington Mutual	(800) 952-0787

### **CITY & COUNTY**

City & County of San Francisco	557-4888
San Francisco Housing Authority	554-1333
City of South San Francisco	(650) 829-6699

### **EDUCATION / SCHOOLS**

City College of San Francisco	241-2349
San Francisco State University	338-1871
S. San Francisco Unified Schools	(650) 877-3992
University of California	(800) 888-1218
University of San Francisco	422-5600

### **FEDERAL & STATE**

Air Resources Board (EPA)	(800) 637-8910
Environmental Protection Agency	744-1111 x2
F.E.M.A.	(800) 225-3304 x2
Federal Job Information	744-5627
General Services Administration	(800) 347-3378
Golden Gate National Recreation Area	561-4780
Housing and Urban Development (HUD)	436-6650 x1,4,1
The Mint, San Francisco	575-7844
National Park Service	427-1300 x2
Postal Service	550-5534
State Job Information	557-7871 x1

### **HOSPITALS / HEALTH CARE**

Blue Shield	(800) 408-5627
California Pacific Medical Center	923-3311 x1
Kaiser Permanente Staffing Services (Nursing)	571-4846
Kaiser Permanente Staffing Services (Non-Nursing)	571-4224
St. Francis Memorial Hospital	353-6367
St. Luke's Hospital	641-6591
St. Mary's Medical Center	750-5627
San Francisco General / Public Health	206-5317

San Francisco General / Public Health Nursing	206-3739
United Behavioral Health	547-5654
Veteran's Administration Medical Center	750-2107 x1

## **HOTELS / HOSPITALITY**

Argent Hotel	974-6400 x7800
Campton Place Hotel	955-5554
Crown Plaza Holiday Inn, Union Square	398-8900
Doubletree Hotel, SF Airport	(650) 373-2212
Embassy Suites, SSF	(650) 589-3400 x188
Fairmont Hotel	772-5139
Grand Hyatt, Union Square	398-1234 x4019
Holiday Inn, Financial District	433-6600 x3004
Holiday Inn, Fisherman's Wharf	771-9000
Holiday Inn, Golden Gateway	441-4000
Hotel Nikko	394-1173
Hyatt at Fisherman's Wharf	563-1234 x4050
Hyatt Regency, SF Airport	(650) 969-2625
Hyatt Regency, Embarcadero	291-6624
Joie de Vivre Hospitality	248-5959
Kimpton Group Hotels & Restaurants	983-6235
Mandarin Oriental Hotel	276-9667
Mark Hopkins Oriental Hotel	616-6922
Marriott Hotel	(888) 462-7746
Palace Hotel	546-5027
Pan Pacific Hotel	929-2011
Park Hyatt	296-2916
Peet's Coffee & Tea	(888) 733-8715
Radisson Miyako Hotel	922-3200 x1020
Renaissance Parc Fifty-Five Hotel	403-6616
Ritz-Carlton	905-4411
San Francisco Convention and Visitor's Bureau	227-2647
San Francisco Hilton	923-5068
Sheraton Fisherman's Wharf	362-5500
W Hotel	817-7865
Westin Clarion Hotel, SF Airport	(650) 692-3500 x158
Westin St. Francis Hotel	774-0348

## **MULTIMEDIA / PUBLISHING**

Foote, Cone & Belding	820-8208 x8
KGO Channel 7 TV	954-7958 x1
KPIX Channel 5 TV	765-8609
KQED Channel 9 TV	553-2209
KRON Channel 4 TV	561-8662



KTVU Channel 2 (Fox), KICU Channel 36 TV	(510) 874-0238
Macromedia	553-2770
San Francisco Newspaper Agency	777-7642 x2
Virgin Megastore (after 6pm)	397-4525 x360

## **NON-PROFIT**

Asian Art Museum	379-8802
California Academy of Sciences	750-7333
California Nature Conservancy	281-0404 x3
Catholic Charities	442-6863
Exploratorium	561-0328
Fine Arts Museums of San Francisco	750-3513
Goodwill Industries	575-2100 x5
Haight Ashbury Free Clinics	561-5297
Jewish Community Center	292-1248
San Francisco AIDS Foundation	487-3020
San Francisco Opera	565-6464
San Francisco Symphony	503-5329
San Francisco Zoo	753-7080 x5
United Way	772-4392
Yerba Buena Center for the Arts	978-2710 x1

## **TRANSPORTATION / UTILITIES**

American Airlines, flight attendants	(800) 718-4877 x10
California State Automobile Association	565-2194
Hertz Bay Area	(650) 635-6600 x9
MCI Communications	(800) 274-5758
Pacific Bell, non-management	(800) 924-5627
Pacific Gas & Electric	973-5195
San Francisco Public Utilities	554-1669
United Parcel Service	(877) 501-9350
United Airlines	(888) 825-5627

## **OTHER**

Automatic Data Processing	(800) 221-3787
Birkenstock	(800) 487-9255 x622
Espirit	550-3998 x2
McKesson Corporation	983-8409
Sharper Image	445-6000 x1,5626

## INTERNET JOB SEARCH AND RELATED SITES

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Academic Position Network	<a href="http://www.apnjobs.com">www.apnjobs.com</a>
Airport Jobs	<a href="http://www.flysfo.com">www.flysfo.com</a>
America's Job Bank	<a href="http://www.ajb.org">www.ajb.org</a>
Aviation Careers	<a href="http://www.aviationcareers.net">www.aviationcareers.net</a>
Bay Area Governments Association	<a href="http://www.abag.org">www.abag.org</a>
Bay Area Jobs	<a href="http://www.bajobs.com">www.bajobs.com</a>
Bay Area Careers	<a href="http://www.bayareacareers.com">www.bayareacareers.com</a>
BrassRing	<a href="http://www.brassring.com">www.brassring.com</a>
Business Cards (free – pay shipping)	<a href="http://www.vistaprint.com">www.vistaprint.com</a>
CalJOBS	<a href="http://www.caljobs.ca.gov">www.caljobs.ca.gov</a>
California State Personnel Board	<a href="http://www.spb.ca.gov">www.spb.ca.gov</a>
Communication Arts	<a href="http://www.commarts.com">www.commarts.com</a>
Career Builder	<a href="http://www.careerbuilder.com">www.careerbuilder.com</a>
Career Magazine	<a href="http://www.careermag.com">www.careermag.com</a>
Career Management	<a href="http://www.careercompany.com">www.careercompany.com</a>
City & County of San Francisco	<a href="http://www.ci.sf.ca.gov">www.ci.sf.ca.gov</a>
Computer Graphics	<a href="http://www.3dcafe.com">www.3dcafe.com</a>
Computer Work	<a href="http://www.computerwork.com">www.computerwork.com</a>
<b>Craig's List</b>	<a href="http://www.craigslist.org">www.craigslist.org</a>
Dice technical jobs	<a href="http://www.dice.com">www.dice.com</a>
E-mail	<a href="http://www.gmail.com">www.gmail.com</a> , <a href="http://www.hotmail.com">www.hotmail.com</a> , <a href="http://www.yahoo.com">www.yahoo.com</a> , <a href="http://www.juno.com">www.juno.com</a>
Employment Development Department	<a href="http://www.edd.ca.gov">www.edd.ca.gov</a>
Engineering Jobs	<a href="http://www.engineeringjobs.com">www.engineeringjobs.com</a>
Entertainment Careers	<a href="http://www.entertainmentcareers.net">www.entertainmentcareers.net</a>
Entertainment Jobs	<a href="http://www.eej.com">www.eej.com</a>
Entrepreneurs' Information	<a href="http://www.entrepreneur.com">www.entrepreneur.com</a>
Federal Government Jobs	<a href="http://www.usajobs.opm.gov">www.usajobs.opm.gov</a>
Federal Government Jobs	<a href="http://www.federaljobs.net">www.federaljobs.net</a>
Federal Jobs Central	<a href="http://www.fedjobs.com">www.fedjobs.com</a>
Flipdog	<a href="http://www.flipdog.com">www.flipdog.com</a>
Guru (independent contracting)	<a href="http://www.guru.com">www.guru.com</a>
Health Careers	<a href="http://www.jobscience.com">www.jobscience.com</a>
Hire Diversity	<a href="http://www.hirediversity.com">www.hirediversity.com</a>
Hotjobs	<a href="http://www.hotjobs.com">www.hotjobs.com</a>
Indeed	<a href="http://www.indeed.com">www.indeed.com</a>
Infospace Classifieds	<a href="http://www.infospace.com">www.infospace.com</a>
Internet Job Locator	<a href="http://www.joblocator.com">www.joblocator.com</a>
Internships	<a href="http://www.internshipprograms.com">www.internshipprograms.com</a>
JobCentral	<a href="http://www.jobcentral.com">www.jobcentral.com</a>
JobStar	<a href="http://www.jobstar.org">www.jobstar.org</a>
Jobs for Women	<a href="http://www.bridgesonline.com">www.bridgesonline.com</a>
Labor Market Information	<a href="http://labormarketinfo.edd.ca.gov">labormarketinfo.edd.ca.gov</a>

Latin American Network	<a href="http://www.latpro.com">www.latpro.com</a>
Law Crossing	<a href="http://www.lawcrossing.com">www.lawcrossing.com</a>
Linked In	<a href="http://www.linkedin.com">www.linkedin.com</a>
Marketing Jobs	<a href="http://www.marketingjobs.com">www.marketingjobs.com</a>
Medhunters	<a href="http://www.medhunters.com">www.medhunters.com</a>
Media Professionals Forum	<a href="http://www.creativecow.net">www.creativecow.net</a>
Monster	<a href="http://www.monster.com">www.monster.com</a>
Monstertrak	<a href="http://monstertrak.monster.com">monstertrak.monster.com</a>
Net Temp	<a href="http://www.net-temps.com">www.net-temps.com</a>
Networking	<a href="http://www.csix.org">www.csix.org</a>
Networking-Business	<a href="http://www.ryze.com">www.ryze.com</a>
Networking Opportunities	<a href="http://www.gsvdl.net/network.html">www.gsvdl.net/network.html</a>
New Work News	<a href="http://www.newwork.com">www.newwork.com</a>
Non Profit Jobs	<a href="http://www.idealist.org">www.idealist.org</a>
Non Profit Jobs	<a href="http://www.nonprofitjobs.org">www.nonprofitjobs.org</a>
Non Profit Jobs	<a href="http://www.ynpn.org">www.ynpn.org</a>
Opportunity Knocks	<a href="http://www.opportunityknocks.org">www.opportunityknocks.org</a>
Programmer Jobs	<a href="http://www.prgjobs.com">www.prgjobs.com</a>
Public Service Employee Network	<a href="http://www.pse-net.com">www.pse-net.com</a>
Real Estate Jobs	<a href="http://www.realestatejobstore.com">www.realestatejobstore.com</a>
Recruiters	<a href="http://www.recruiter.com">www.recruiter.com</a>
Restaurant Staffing	<a href="http://www.needwaitstaff.com">www.needwaitstaff.com</a>
Riley Guide	<a href="http://www.rileyguide.com">www.rileyguide.com</a>
Salary Information	<a href="http://www.salary.com">www.salary.com</a>
San Francisco Chamber of Commerce	<a href="http://www.thejobforum.org">www.thejobforum.org</a>
San Francisco Chronicle	<a href="http://www.sfgate.com">www.sfgate.com</a>
Unemployment Insurance	<a href="http://edd.ca.gov">edd.ca.gov</a>
Vault	<a href="http://www.vault.com">www.vault.com</a>
Techies	<a href="http://www.techies.com">www.techies.com</a>
Venture Wire	<a href="http://www.venturewire.com">www.venturewire.com</a>
What Color is Your Parachute?	<a href="http://Www.jobhuntersbible.com">Www.jobhuntersbible.com</a>
Web Sites for Job Listings	<a href="http://www.well.com/user/esoft/jobs">www.well.com/user/esoft/jobs</a>
WetFeet	<a href="http://www.wetfeet.com">www.wetfeet.com</a>
Women's Media	<a href="http://www.womensmedia.com">www.womensmedia.com</a>
Workopolis	<a href="http://www.workopolis.com">www.workopolis.com</a>

LANGUAGE TRANSLATION

[babelfish.altavista.com](http://babelfish.altavista.com)

## Chapter 9 - LEGAL RESOURCES

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### **General Legal Aid/Benefits Advocacy**

Bay Area Legal Aid &  
San Francisco Neighborhood Legal Assistance Foundation 982-1300

### **Tenant Rights Counseling**

Central City SRO (Hotel) Collaborative 259 Hyde St. 775-7110  
Housing Rights Committee 398-6200  
La Raza Centro Legal 575-3500

### **Lawyer Referral**

Bar Association of San Francisco 989-1616

### **Employment Law**

Employment Law Center 864-8848  
Workers' Rights Clinics 864-8208

## **RESTRAINING ORDER PREPARATION AND LEGAL INFORMATION**

Bay Area Legal Aid 982-1300  
Cooperative Restraining Order Clinic 567-6255  
CROC Appointment for Restraining Orders 255-0165  
Volunteer Legal Services Program 989-1616

## **CITATION DEFENSE (for infractions only)**

Coalition on Homelessness 346-3740  
(Mondays and Wednesdays 10am to 2pm only)

## Chapter 10 – IN CASE OF EMERGENCY

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### 24 HR HOTLINES

Adult Protective Services	557-5230 or (800) 814-0009
Alcoholics Anonymous	674-1821
Asian Women’s Shelter Crisis Line	751-0880 or (877) 751-0880
California Youth Crisis Line	(800) 843-5200
Child and Adolescent Sexual Abuse Resource Center	206-8386
Child Crisis Line	970-3800
Child Protective Services	558-2650 or (800) 856-5553
Child Trauma project	206-5311
Community Behavioral Health Services	255-3737 or (888) 246-3333
Community United Against Violence	333-4357
Gamblers Anonymous	(888) 424-3577
Huckleberry Youth Program	621-2929
Institute on Aging Friendship Line	752-3778
La Casa de las Madres	Adults - (877) 503-1850      Teens - (877) 923-0700
Legal Assistance to the Elderly, Inc.	861-4444
Marin Abused Women’s Services	924-6616
Mt. Zion Violence Prevention project	885-7636
Men’s Crisis Line	924-1070
Mobile Assistance Patrol	431-7400
Narcotics Anonymous	621-8600
National Runaway Switchboard	(800) 786-2929
SFGH Psychiatric Services	206-8125
Rosalie House	255-0165
Resolve to Stop The Violence project	734-2312
Riley Center	255-0165
Senior Escort Service	695-5170
SF Women Against Rape	647-7273
Suicide Prevention Hotline	781-0500
T.A.L.K. Line	441-5437
Trauma Recovery/Rape Treatment	437-3000
Westside Crisis	353-5050
WOMAN, Inc.	864-4722 or (877) 384-3578
POLICE	911
FIRE	911
MEDICAL EMERGENCY	911

## Chapter 11 - MISC TELEPHONE NUMBER INDEX

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Coalition on Homelessness, 468 Turk Street	346-3740
Clothing:	
CityTeam Ministries, 164 Sixth Street	861-8688
St. Vincent de Paul, 425 Fourth Street	977-1270 x3005
St. Anthony Foundation, 1179 Mission	241-8300
GAAP, 276 Golden Gate	928-8191
Glasses, Prevent Blindness of California	387-0934
In-Home Supportive Services	557-5251
Lutheran Care for the Aging (age 62+)	441-7777
Money – Emergency Rental Assistance	
SF Rental Assistance, 1440 Harrison St., 2 <sup>nd</sup> Floor, #2B-40	558-2255
Catholic Charities, Rental Assistance Program	345-1290 x203
Red Cross, Back Rent for TANF recipients	282-5382
Payee Services:	
Coming Home (symptomatic AIDS/ARC)	474-2250
Conard House (mentally Disabled)	864-7897
Episcopal Community Services (age 60+)	487-3786
Public Guardian (must have CMH case manager)	554-5055
Walden House	934-3407
Showers:	
Bayview Hunters Point Multiservice Center, 2111 Jennings St	671-1100
McMillan Drop-In Center, 39 Fell St.	241-1180
Mission Neighborhood Resource Center, 165 Capp St.	869-7977
South Beach Homeless Resource Center, 320 Harrison St.	222-9665

**SUNDAY**

7:00 - 9:00	Council of Human Svcs	2111 Jennings	At Van Dyke
8:00 - 9:00	Curry Senior Center	333 Turk St.	For ages 60+
8:00 - 9:00	Glide Memorial Church	330 Ellis St.	At Taylor
9:00 - 10:30	Martin de Porres	225 Potrero	Near 16 <sup>th</sup> Street
11:30 - 12:00	Curry Senior Center	333 Turk St.	For ages 60+
11:30 - 1:30	St. Anthony Dining Room	45 Jones	At Golden Gate
12:00 - 1:30	Glide Memorial Church	330 Ellis St.	At Taylor
3:30 - 5:00	Missionaries of Charity	1330 Fourth St	Behind ATT Park
4:00 - 5:00	St. Peter & Paul Catholic	666 Filbert	Near Washington Sq.
4:00 - 6:00	Council of Human Svcs	2111 Jennings	At Van Dyke
5:00 - 5:30	River of Life Fellowship	1 Market	At Embarcadero Plaza

**MONDAY THROUGH FRIDAY**

6:30 - 7:30	Martin de Porres	225 Potrero	Except Wednesdays
7:00 - 9:00	Council of Human Svcs	2111 Jennings	At Van Dyke
8:00 - 9:00	Curry Senior Center	333 Turk St.	For ages 60+
8:00 - 9:00	Glide Memorial Church	330 Ellis St.	At Taylor
11:30 - 12:00	Curry Senior Center	333 Turk St.	For ages 60+
11:30 - 1:30	St. Anthony Dining Room	45 Jones	At Golden Gate
11:30 - 1:30	Haight-Ashbury Food Pgm	1525 Waller	Tue-Fri only
12:00 - 1:30	Glide Memorial Church	330 Ellis St.	At Taylor
12:00 - 2:00	Martin de Porres	225 Potrero	Haircuts Tue, Thu
12:45 - 2:00	Providence Foundation	1601 McKinnon	Wed only
3:30 - 5:00	Missionaries of Charity	1330 Fourth St	Except Thu
4:00 - 5:30	Glide Memorial Church	330 Ellis St.	At Taylor
4:00 - 5:00	St. Peter & Paul Catholic	666 Filbert	Near Washington Sq.
4:00 - 6:00	Council of Human Svcs	2111 Jennings	At Van Dyke
4:00 - 5:00	SF Rescue Mission	140 Turk	Btwn Taylor & Jones
5:00 - 7:30	CityTeam Ministries	164 Sixth Street	Btwn Mission/Howard
5:00 - 6:00	N. Peninsula Food Pantry	31 Bepler	Mon, Tue, Thu only
5:30 - 6:30	First Baptist Church	22 Waller (Octavia)	Wednesday nights
6:00 - 7:00	Food Not Bombs	UN Plaza	Mon, Wed, Fri only

**SATURDAY**

7:00 - 9:00	Council of Human Svcs	2111 Jennings	At Van Dyke
8:00 - 9:00	Curry Senior Center	333 Turk St.	For ages 60+
8:00 - 9:00	Glide Memorial Church	330 Ellis St.	At Taylor
10:30 - 11:30	All Saints Episcopal	1350 Waller	Near Masonic
11:30 - 12:00	Curry Senior Center	333 Turk St.	For ages 60+
11:30 - 1:30	St. Anthony Dining Room	45 Jones	At Golden Gate
12:00 - 3:00	CityTeam Ministries	164 Sixth St.	Food, clothing, Dr.
12:00 - 1:30	Glide Memorial Church	330 Ellis St.	At Taylor
12:00 - 2:00	Martin de Porres	225 Potrero	Near 16 <sup>th</sup> Street
3:30 - 5:00	Missionaries of Charity	1330 Fourth St	Behind ATT Park
4:00 - 5:00	St. Peter & Paul Catholic	666 Filbert	Near Washington Sq.
4:00 - 6:00	Council of Human Svcs	2111 Jennings	At Van Dyke
4:00 - 6:00	Council of Human Svcs	146 Leavenworth	At Turk
5:00 - 7:30	CityTeam Ministries	164 Sixth Street	Btwn Mission & Howard